Southern Regional 9/10 High School February 2019

Questions, comments or concerns contact: Gary Haddad, Food Service Director at 609-597-9481 Ex. 4369



In A Hurry? Check

Out Some of Our Fast

Take Sandwiches

Handcrafted Deli Sandwiches

Assorted Deli Meats and Cheeses Assorted Fresh Toppings and Spreads Choice of Tuna or Egg Salad Daily Assorted Wraps, Rolls and Bread

Breakfast Served Daily 7:30 - 7:40 Available to ALL.

Daily and Weekly Salad Specials

Week 1 SALADS **Romaine Salad**

Week 1: Week 2 Week 2: Spinach Salad Week 3

Week 3: Week 4: Week 5: Garden Salad w/ Cheese

Chef Salad

Chicken Caesar Salad **Buffalo Chicken Salad Turkey BLT Salad**



Romaine Salad

Week 4 Spinach Salad

EVERYDAY CHOICES

Hamburgers, Cheeseburgers, Breaded Chicken w/ Grain, Chicken Patty Sandwich

Jersey Burger Monday:

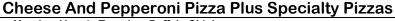
Tuesday: **Buffalo Chicken Patty**

Wednesday: Chicken Bacon Cheddar Sandwich

Ram Burger Thursday:

Pork Roll & Cheese on a Kaiser Friday:

Everyday Choices



Monday: Veggie Tuesday: Buffalo Chicken Wednesday: White Pizza Thursday: Sausage Friday: Chicken Bacon Ranch

SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks



Veggie Bar Offered Daily Tossed Salad, Carrot & Celery Sticks, Lettuce, Tomatoes, Onions & Hot Peppers